

ROBERT'S REFLECTIONS

Solomon once said, "A merry heart does good like medicine" (Proverbs 17:22).

I heard of a man who was diagnosed with a degenerative disease. He went home to die. But rather than lie in a dark room and wait for death, he determined to have some fun. So he had his family bring in every funny movie they could find. He watched The 3 Stooges, I Love Lucy, Abbott & Costello, the Little Rascals, etc. He thought, "Better to die laughing than crying." And so he watched and laughed. And laughed. And laughed. Time passed and he still did not die. In fact he started getting better. The Doctors were amazed. The disease was in remission. He had laughed himself well and lived another 25 years. That man was Dr. Norman Cousins, longtime editor of the "Saturday Review".

Dr. Cousins' story can be repeated over and over. In fact laughter can dramatically reduce pain. This has been proven scientifically. Groucho Marx once said, "**A clown is like an aspirin, only he works twice as fast.**" You might enjoy reading more about this topic. Here is a link to a website that discusses the medical effects of laughter. It has many interesting and funny stories: <http://www.healingcancernaturally.com/laughter-is-medicine.html>

While it is true that a pun—**sometimes called "a groaner"**—is considered the lowest form of humor, they are still quite effective at causing someone to smile and feel a bit better. So enjoy a few of my favorites, and keep on smiling.

1. What kind of man was Boaz before he married?
2. What do they call Elders in Germany?
3. Who was the greatest investor in the Bible?
4. Who was the greatest female investor in the Bible?
5. Did you know the apostles drove around in an import?
6. Who was the best comedian in the Bible?
7. Which prophet was the biggest lawbreaker in the Bible?
8. Who was the greatest babysitter in the Bible?
9. Why does playing tennis sometimes lead to temptation?
10. How does Moses make coffee?
11. What is the best way to get to Heaven?

ANSWERS

1. Ruthless
2. German Shepherds
3. Noah. He floated his stock while everyone else was in liquidation.
4. Pharaoh's daughter. She went down to the Bank of the Nile and drew out a little prophet.
5. They were all in one Accord.
6. Samson. He brought the house down.
7. Moses. He broke all 10 Commandments at once.
8. David. He rocked Goliath into a very deep sleep.
9. Joseph was tempted by Potiphar's wife while serving in Pharaoh's court.
10. Hebrews it.
11. Turn right and go straight.

Robert